27-year-old Londoner Andrew Terrill began a 7,000-mile walk from the south of Italy to the northernmost tip of Norway. The aim was to raise money for (1) ... homeless in England's capital. Here he reports (2) ... his experiences at (3) ... start of his adventures. "When I stood on a deserted beach at the southern tip of Italy, I didn't know quite what to expect. If I had known, I might never have left that pleasant Mediterranean beach. As I walked north into the foothills of (4) ... Apennines, it seemed impossible that I would ever reach (5) ... my final destination, North Cape (6) ... the top of Norway. The mountains were certainly a challenge. They were covered in dense forest, and there were few footpaths. There were many evil-looking snakes, a million lizards, deer and wild boar. The wildlife kept me (7) ... my toes. It was great to be out in the hills with the freedom to travel and live life (8) ... my own slow pace."

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